



# Cookin' with Kilowatts Contest

## Contest Rules

Only complete submissions will be reviewed so make sure you provide all the information we need to get your recipe in front of the judges:

- Provide the recipe name.
- In order to be considered for a prize, you need to provide the ingredients and cooking instructions.
- Recipe must be an original recipe, in other words, recipe must not come from a published or produced source (e.g. cooking magazine, cookbook, public or cable cooking show, etc.).
- Tell us which cooking method was used: crockpot, electric skillet, toaster oven, microwave oven, blender, solar oven, electric grill, etc...
- Include name, email address and phone number. We will need your home address if you wish to receive a pot holder and chef's hat.
- Remember, the electric oven or electric stove cannot be used for the contest.

Creativity and fun will be rewarded! Each submission will also be judged on creativity, energy saved, and for participating in other parts of the contest (social media with pictures of your meal and yourself with the chef's hat and oven mitt).

### Contest Guidelines

- There is no entry fee.
- Submit your recipe at [energysolutions.seattle.gov/CWK](http://energysolutions.seattle.gov/CWK) (or call to have a form mailed to you).
- Photo entry is optional. Photo must be a jpeg or png file format.
- Entrants grant City Light full rights to reproduce, re-use, and distribute the recipes and winning recipes without limitation or compensation. By submission of a recipe, entrant agrees to these conditions.
- Entries must be submitted between July 1–September 17, 2018
- City Light may post the recipes on their social media sites.
- A panel of judges selected by City Light will select the winners of the contest.
- Finalists will be notified by email and announced publicly October 3, 2018.

### Prizes

(5) \$25 gift cards to Sea Wolf Bakers

Your recipe included in the fourth edition of the Cookin' with Kilowatts Cookbook.

All prizes are as stated with no cash equivalency. Odds of winning depend on the number of entries received by Seattle City Light. Only prizes are awarded; no cash equivalent is available. Any taxes due are the responsibility of entrants.

### Eligibility

- Only one recipe submission entry per household (based on City Light account status).
- Contest is open to City Light residential customers only.
- City Light employees and their families can participate in the contest.

If you have any questions, please email [SCL\\_marketing@seattle.gov](mailto:SCL_marketing@seattle.gov) or call an energy advisor at (206) 684-3800.

